

Physical Activity Log

McBee High Physical Education

1. All students in both Coach Hawkins and Coach Kline's PE/Weight Lifting classes are required to participate in a health enhancing physical activity (activity of your choice) at least 5 days a week. The duration of this activity period should be between 20-30 minutes a day.
2. Below is chart for the student to complete each day and have a parent sign to verify the activity.
3. Submit this form via email to Coach Kline or Coach Hawkins at the end of each week.

jkline@chesterfieldschools.org

chawkins@chesterfieldschools.org

[illegible]